

## Viewpoints

# Smart Phones, Social Media, and Minor Students



The movement to curtail the use of smart phones and access to social media by minors has been in the works across the globe for several years. Multiple studies have come out showing the harm and addictive nature of excessive use. Some countries have already enacted laws restricting access.

One day after the U. S. Surgeon General called for warning labels, the California Governor is moving to restrict the use of smart phones during the school day. It remains to be seen how this will be received by students and parents, many of whom have become very attached to their smart phone devices and the immediate ability to contact family members no matter where they are, even if they are in school.

**California Gov. Gavin Newsom on Tuesday vowed to severely restrict the use of smartphones during the school day, a dramatic move by the nation's largest state amid dire warnings from the Biden administration that social media harms children.**



Newsom's decision, reported first by POLITICO, comes a day after Surgeon General Dr. Vivek Murthy warned the threat social media poses to kids is so acute that Congress should compel apps to include warning labels similar to cigarettes and alcohol.

[www.politico.com/...](http://www.politico.com/...)

## Professionals

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**Peter K. Fagen**

Partner

**San Diego**

760.304.6000

[pfagen@f3law.com](mailto:pfagen@f3law.com)