



Viewpoints

# Teacher Stress: Unpacking RAND's Latest Findings



A recent RAND report shows that job-related stress for teachers has improved to pre-pandemic levels. Teachers however, are reporting otherwise. Sixty percent of teachers said they feel burned out and that the stress and disappointment they experienced at work “[isn’t] really worth it.” Many teachers said that among managing student behavior, low salaries, administrative work, and long hours on the job were the most common sources of job-related stress.

To read more about the impact these stressors have on the future of education, see the link below.

[www.chalkbeat.org/...](http://www.chalkbeat.org/...)



## Professionals

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